

# Using a Defibrillator

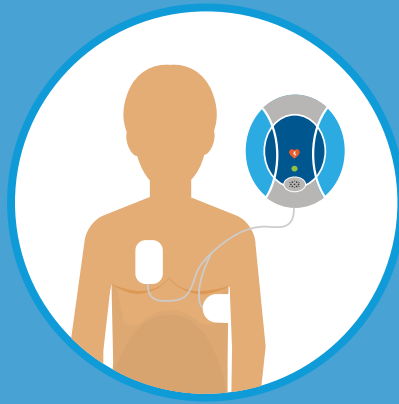
An automatic external defibrillator (AED) will measure a patient's heart rhythm to determine whether it has a 'shockable rhythm'. If the device thinks it can make a difference, it will advise a shock, shock the patient, then give CPR instructions. This will repeat in a cycle roughly every 2 minutes. If the heart does not have a shockable rhythm, it will give audible CPR instructions only.

1



Call 999 or 112 immediately.  
Remove clothing, exposing  
the patient's chest

2



Apply electrodes to the chest  
and press firmly to secure

3



Listen to the defibrillator  
and follow its instructions.

4



If a shock is advised, the  
device may ask you to push  
a button, then stand clear of  
the patient.

5



Follow the CPR instructions  
given by the device, until it  
warns you that it is ready to  
shock again.

6



Continue the cycle  
until help arrives.