

Out-of-box thinking workshop

Workshop outlines:

1st session: 'Outside-the-Box' thinking

- The concept of thinking 'outside of Box'
- History of 'Outside-the-Box' thinking
- Other names for 'going outside of Box'
- Other names for outside of Box thinking:
- Why do we need 'Outside-the-Box' thinking?
- Exercises of thinking 'outside of Box'
- Do you like 'outside of Box' thinking from others?

2nd session: Definition and Characteristics of 'Outside-the-Box'

- Is going out-of-box a necessity or a luxury thing?
- What 'outside-the-Box' is:
- Definition of going 'outside-the-Box':
- Characteristics of 'out-of-Box':
- 'Out-of-Box' or jumping to the next curve:

3rd session: What a 'Box' in 'Out-of-box' is

- Advantages of A Box.
- Disadvantages of A Box
- What should we do with our 'Boxes'?
- Why we need 'Boxes' in our workplace
- 'Boxes' in our personal life
- An example of a 'Box'
- What sort of Boxes are you in?
- Facts about Boxes:
- Advantages of existing Box(es):
- Questions about Boxes
- Exercise showing your Existing Boxes

4th session: How to step out of your comfort zone to create new possibilities

- Challenges of stepping out of comfort zone
- Advantages of stepping out of comfort zone
- Workshop for becoming competent in going beyond 'Comfort zone'

5th session: Thinking inside-the-Box and thinking in new boxes

- The definition of 'inside-the-Box':
- Characteristics of 'inside-the-Box':
- Thinking in new boxes
- Thinking out-of-box versus thinking in-the-box versus thinking in-new-box

6th session: Rules of Unconventional thinking

- Rules of unconventional thinking

7th session: Lateral thinking, techniques, and requirements

- Conventional/Vertical thinking
- Lateral thinking
- Conventional/Vertical thinking versus lateral thinking
- What is our default? Vertical or Lateral thinking?
- Who are more inclined toward Vertical thinking?
- Two exercises related to Vertical thinking and lateral thinking
- Comparison between Vertical thinking and lateral thinking
- Seven techniques of Lateral thinking
- Lateral thinking techniques
- Requirement of Lateral/sideways thinking

8th session: Enablers, disablers, and outputs of Lateral thinking

- Enablers of lateral thinking,
- How can we stimulate lateral thinking in a lateral thinking workshop,
- How can we prepare ourselves for lateral thinking?
- Disablers of lateral thinking
- Who need to be a lateral thinker
- Outputs/outcomes of lateral thinking

9th session: Creativity and lateral thinking

- Exercise about identification of “Creative minds”
- Where does Creativity come from?
- Lateral thinking versus creative thinking
- How to Identify underlying assumptions with the 6 tools
- Exercise about Lateral Thinking

10th session: Problem-solving with lateral thinking

- How to Solve problems based on LATERAL THINKING

11th session: Process of out-of-box thinking

- How to look at things differently,
- How to challenge the assumptions,
- How to ignore/break the rules/limitations,
- Process of out-of-Box thinking,
- Characteristics of out-of-Box thinker,
- The value of Out-of-Box ideas,
- How to stimulate people to go ‘out-of-Box’:
- When is thinking ‘outside-of-Box’ appropriate?
- When is thinking ‘outside-of-Box’ bad?

12th session: Enablers, disablers, and techniques of out-of-box thinking

- Enablers of out-of-box thinking,
- Disablers of out-of-box thinking
- Limiting beliefs versus empowering beliefs of out-of-box thinking
- How do we go from inside to outside-of-box?
- Out of the box thinking in business:
- Techniques of Out of the box thinking
- Skill of Out-of-box thinking
- Levels of Out of the box thinking
- Growth rings

13th session: Discover how to unlock your 'Zone of Genius'

- Connect the dots,
- Mixing ideas and getting new ideas,