



Foot Health Practitioner

Foot Health Practitioner (FHP)

- Module 01: A Comprehensive Introduction to FHP
- Module 02: Anatomy and Physiology of Foot
- Module 03: Systems in the Foot
- Module 04: Foot Dermatology
- Module 05: Examination and Diagnosis in Clinical Management
- Module 06: Podiatry Equipment and Instrument
- Module 07: Foot Disorders
- Module 08: Treating Foot Disorders
- Module 09: Diseases of the Nail and Their Treatment
- Module 10: Management of High-Risk Patients
- Module 11: Diabetic Foot
- Module 12: Pedicure
- Module 13: Reflexology

Physiotherapy Assistant

- Module 01: Introduction to Physiotherapy
- Module 02: The Standards for Physiotherapists
- Module 03: The Physiotherapy Interventions
- Module 04: Sports Physiotherapy
- Module 05: Neurological Physiotherapy
- Module 06: Musculoskeletal Physiotherapy
- Module 07: Respiratory Physiotherapy
- Module 08: Paediatric Physiotherapy
- Module 09: Evidence-Based Physiotherapy (EBP)
- Module 10: Building a Career as a Physiotherapist

Pain Management

- Module 01: Introducing Pain Management
- Module 02: Pain Theories
- Module 03: Types of Pain
- Module 04: Physiology and Psychology of Acute Pain
- Module 05: Pain as a Long-term Condition
- Module 06: Back and Neck Pain
- Module 07: Headache
- Module 08: Neuropathic Pain and Its Management
- Module 09: Cancer Pain
- Module 10: Assessment of Pain
- Module 11: Relaxation for Pain Management

Core Stability

- Module 01: Course Speaking
- Module 02: Anti-Extension Easy
- Module 03: Anti-Extension Hard
- Module 04: Anti-Extension Medium
- Module 05: Anti-Rotation Easy
- Module 06: Anti-Rotation Hard
- Module 07: Anti-Rotation Medium
- Module 08: Bear Crawl Exercises
- Module 09: Hip Easy
- Module 10: Hip Hard
- Module 11: Hip Medium
- Module 12: Scapula Easy
- Module 13: Scapula Medium
- Module 14: Testing

Hydrotherapy

- Module 1: Introduction to Hydrotherapy
- Module 2: Anatomy and Physiology Review
- Module 3: Types of Hydrotherapy
- Module 4: Effects of Hydrotherapy
- Module 5: Common Conditions Treated with Hydrotherapy
- Module 6: Hydrotherapy for Shoulder and Lower Limb
- Module 7: Hydrotherapy for Animals

Wound Care Level 2

- Module 01: The Wound Healing Process & Factors Delaying Wound Healing
- Module 02: Types of Wounds and Their Treatment
- Module 03: Dressing
- Module 04: Wound Assessment
- Module 05: Glossary

Dermatology

- Module 01: Basics of Dermatology
- Module 02: Skin Anatomy
- Module 03: Skin Nutrients
- Module 04: Diagnosis of Skin Disease
- Module 05: Skin Infections
- Module 06: Atopic Eczema
- Module 07: Care of Different Skin Types
- Module 08: Different Ethnicities Skin Care
- Module 09: Reducing Ageing Effects
- Module 10: Acne and Its Remedies
- Module 11: Seasonal Skin Care
- Module 12: Effect of the Sunburn and Its' Remedies

Medical Law

- Module 01- An Introduction to Medical Law
- Module 02- Legislation on Access to Health, Medical Report, Treatment
- Module 03- Legislation on Adult Support
- Module 04- Legislation on Public Health and Health Service (Part 1)
- Module 05- Legislation on Public Health and Health Service (Part 2)
- Module 06- Legislation on Public Health and Health Service (Part 3)
- Module 07- Legislation on Public Health and Health Service (Part 4)
- Module 08- Legislation on Coronavirus
- Module 09- Legislation on Mental Health (Part 1)
- Module 10- Legislation on Mental Health (Part 2)
- Module 11- Legislation on Abortion
- Module 12- Other Legislation (Part 1)
- Module 13- Other Legislation (Part 2)

Understanding Nutrition and Health Level 4

- Module 01: Introduction to Nutrition
- Module 02: Nutrients for Life – Nutrients for Life Macronutrients
- Module 03: Nutrients for Life – Micronutrients
- Module 04: Nutrition Requirements from Pregnancy to Teenage
- Module 05: Nutrition Requirements for Adults and Various Groups
- Module 06: Healthy Dieting
- Module 07: Eating Disorders
- Module 08: Diet and Nutrition Related Diseases
- Module 09: Use of Nutrition in Different Illnesses/Diseases
- Module 10: Weight Control Management
- Module 11: Weight Loss Management
- Module 12: Basics of Ketogenic Diet
- Module 13: The Role of Nutritionist

Health and Social Care UK 2021

- Module 01: Introduction to Advanced Health and Social Care
- Module 02: Introduction to the UK Health System
- Module 03: Essential Principles, Policies and Legislations in Health and Social Care Work
- Module 04: Fundamental Aspects of Providing Quality Health

Personal Hygiene

- Module 01: Introduction to Personal Hygiene and a Brief History
- Module 02: Looking Clean, Smelling Clean
- Module 03: Improving and Maintaining Oral Health
- Module 04: Care of the Eyes
- Module 05: Ear Care Secrets
- Module 06: Foot & Nail Care in Personal Hygiene
- Module 07: Hair Care Hygienic Ways
- Module 08: Hygienic Approach to Skin Care
- Module 09: Maintain Good Toilet Hygiene
- Module 10: Potential Hygiene Guidelines
- Module 11: Personal Hygiene During Coronavirus Pandemic

A graduation cap (mortarboard) is placed on top of a small globe. The globe is resting on a stack of several white books. In the background, there is a pencil holder containing several pencils and pens, and some faint, handwritten mathematical formulas and diagrams are visible on a surface.

Thank You