



# First Responder

## **Highfield Level 3 Award in Emergency Care for First Responders (RQF)**

This qualification is aimed at learners working in roles where their primary or secondary focus involves giving emergency medical care as the first responder on the scene of an accident or emergency. Roles may include, security operatives, close protection officers, event medical operatives, cabin crew and community first responders, among others.

It is ideal for those learners that need a wider level of knowledge than standard first aid at work qualifications.

Topics covered include assessing and responding to incidents, CPR for adults, children and infants, therapeutic oxygen therapy and catastrophic bleeding. The qualification also covers assisting a casualty who is suffering from major injury or illness such as chest injuries, spinal injuries, heart attack and anaphylaxis.

In line with industry guidance, the qualification supports responders for a period of 3 years, at which point learners will need to requalify.

### **How long will it take me to achieve this qualification?**

This qualification is usually obtained by taking a 4-day classroom-based course, however some aspects may be delivered through distance learning as long as two thirds of the course is delivered face to face. Requalification courses must take a minimum of 18 contact hours over 3 days.

### **How is the qualification assessed?**

This qualification is assessed by the following two methods:

1. **Practical assessment** - Learners must demonstrate practical skills in first aid and emergency care
2. **Theory assessment** - Learners must answer 55 multiple-choice questions

### **What next?**

Individuals achieving this qualification can progress onto more advanced or specialist medical courses.

### **Where can this course be taken?**

Through any Highfield approved training centre.

Qualification Number: 603/6892/5 Credit Value: 4