



Carpentry and Joinery

Carpentry

- Module 01: Introduction to Carpentry
- Module 02: Tool Checklist and Use
- Module 03: Building Materials
- Module 04: Adhesives and Fasteners
- Module 05: Floor Systems
- Module 06: Wall Framing
- Module 07: Roof Framing and Siding
- Module 08: Windows and Exterior Doors
- Module 09: Stair Construction
- Module 10: Concrete Construction

Carpentry: Furniture Restoration and Refurbishment

- Module 01 : The Principles and Essentials of Furniture Restoration
- Module 02 : Being Ready and Getting Started
- Module 03 : Understanding Wood and Working with Timber
- Module 04 : Upholstery and How Best to Update It
- Module 05 : The Wider Application of Restoration Work

Handyperson

- Module 01: Introduction to Handyperson
- Module 02: Basic Tools and Equipment
- Module 03: Electrical Work
- Module 04: Plumbing Skills
- Module 05: Appliances
- Module 06: General Carpentry
- Module 07: Basic Maintenance Skills
- Module 08: Walls and Floors
- Module 09: Painting and Decorating
- Module 10: Drilling, Tiling and Welding
- Module 11: Construction Projects
- Module 12: Health and Safety at Work
- Module 13: Starting Own Business for Handyperson

Home Decoration and Refurbishment Course

- Module 01: Why Renovate
- Module 02: Considerations
- Module 03: Hiring and Working with Contractors
- Module 04: Paperwork and Legal Obligations
- Module 05: Design Inspiration, Ideas and Checklists (Part-1)
- Module 06: Design Inspiration, Ideas and Checklists (Part-2)

Mastering Colour-Architectural Design & Interior Decoration

- Module 1: Introduction
- Module 2: The Impact of Fashion and Colour Trends
- Module 3: Colour Terminology
- Module 4: Colour Basics and Neutral Colours
- Module 5: Warm vs. Cool Colours
- Module 6: Colour Schemes
- Module 7: Colour Ratios and Applications
- Module 8: Using Colour to Trick the Eye
- Module 9: Conclusion

DIY Home Improvement

- Module 01: Introduction to Home Improvement
- Module 02: Paint Job
- Module 03: Walls
- Module 04: Doors and Windows
- Module 05: Electrical Fixtures
- Module 06: Outdoor Projects
- Module 07: Plumbing
- Module 08: Damp, Rots, and Pests
- Module 09: Home Safety

Ladder Safety

- Module 01: Introduction to Ladder Safety
- Module 02: Ladder Classifications and Uses
- Module 03: Pre-use Safety Inspections and Risk Assessment
- Module 04: Setting Up and Safe Use of Ladders
- Module 05: Placement Considerations and Securing a Ladder

Manual Handling Level 2

- Introduction, Legislation and Guidance
- Manual Handling Hazards and Injuries
- Manual Handling Risk Assessments
- Controlling and Reducing the Risks
- Safe Lifting Techniques

Cleaning Course Level 5

- Module 01: An Introduction to the Cleaning Job
- Module 02: The Diversity of Cleaning Jobs
- Module 03: Cleaning Equipment, Products and Clothing
- Module 04: House Cleaning
- Module 05: Food Kitchen and Commercial Kitchen Cleaning
- Module 06: Bathrooms and Toilets
- Module 07: Office Cleaning
- Module 08: Cleaning External Surfaces and Areas
- Module 09: Dealing with Non-Routine Waste
- Module 10: Chemical Safety, Keyholding and Alarm Codes for Cleaners
- Module 11: Starting a Cleaning Business and Planning for it
- Module 12: Running the Business with Quality Service
- Module 13: Customer Satisfaction
- Module 14: Management of Staff
- Module 15 Marketing, Advertising and Sales
- Module 16: Expansion Management
- Module 17: Business Insurance, Tax and Additional Equipment

First Aid at Work

- Introduction to Workplace First Aid
- Legal Framework for Workplace First Aid
- Incident Management at Work
- Primary Survey
- Secondary Survey
- Basic First-Aid Techniques
- Dealing With Fractures and Dislocations
- Secondary Illness Loss of Responsiveness and CPR
- Secondary Illness Breathing Problems
- Secondary Illnesses and Injuries
- Dealing with Minor Injuries at the Workplace
- Call for an Emergency

Personal Hygiene

- Module 01: Introduction to Personal Hygiene and a Brief History
- Module 02: Looking Clean, Smelling Clean
- Module 03: Improving and Maintaining Oral Health
- Module 04: Care of the Eyes
- Module 05: Ear Care Secrets
- Module 06: Foot & Nail Care in Personal Hygiene
- Module 07: Hair Care Hygienic Ways
- Module 08: Hygienic Approach to Skin Care
- Module 09: Maintain Good Toilet Hygiene
- Module 10: Potential Hygiene Guidelines
- Module 11: Personal Hygiene During Coronavirus Pandemic



Thank You