SKILL UP

Health & Social Care

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Success in the Health & Social Care sector has never been this easy to attain! Get yourself onto the road as a successful Health & Social care worker effortlessly with the help of this comprehensive Health & Social Care bundle!

This premium Health & Social Care bundle comprises several unique courses, all of which are guaranteed to enhance your Health & Social Care skills to the next level. From the fundamentals of health & social care, consent, and GDPR to the more complex topics of addiction, mental health, and pandemics, this Health & Social Care bundle has it all. Undoubtedly, success in professional Health & Social care is right around the corner! Moreover, this Health & Social Care bundle will also equip you with the skills to improve thousands of lives. You'll be a lifesaver!

This well-crafted Health & Social Care bundle is your ultimate key to become a prolific Health & Social Care professional! Move up your career ladder by embracing our comprehensive Health & Social Care bundle to make a difference So, add substantial value to your Health & Social Care practices by enrolling today!

CPD accredited Health & Social Care bundle is the most comprehensive bundle on Health & Social Care now available online, offered by Skill up to upskill you with core to advanced Health & Social Care ideas for your utmost level proficiency in implying the newly gained knowledge efficiently wherever needed and escalate yourself as a peerless potential in the Health & Social Care promising industry.

Sign up for the all-inclusive Health & Social Care bundle, and experience relentless development of in-demand knowledge, skills and strategies within you!

Learning Outcomes of this Health & Social Care bundle:

- Familiarise yourself with Health & Social Care rules and objectives in the UK.
- Gain the ability to conduct mental health first aid correctly.
- Understand the importance of consent in Health & Social Care.
- Learn about GDPR in healthcare.
- Gain English skills for the healthcare environment.
- Be aware of antisocial behaviour and know how to take measures to counter it.
- Gain awareness about COVID-19 and how to take preventive measures.

● Know how to provide quality Health & Social Care, and much more!

Health & Social Care Specialities:

- 160 hours of instant video lectures and downloadable resources.
- Affordable premium-quality E-learning content, you can learn at your own pace.
- You will receive 16 completion certificates upon completing the Health & Social Care bundle.
- Internationally recognised Accredited Qualification would boost up your resume.
- You will learn the researched and proven approach of Health & Social Care adopted by renowned experts.

Assessment:

After completing all the modules of the Health & Social Care bundle, your learning will be assessed by an automated multiple-choice based exam. You may choose to participate in a Mock Exam before attending the course completion Final Exam with absolutely no extra cost.

Certificate:

This premium Health & Social Care bundle comes with FREE PDF & Hardcopy Certificates, PDF Transcripts & Student ID Card, and it makes this bundle the perfect value for money.

This self-paced Health & Social Care bundle by Skill Up, loaded with up-to-date knowledge and techniques, is truly ideal for all aspiring professionals.

Let your eLearning experience meet the utmost satisfying level by enrolling in our premium Health & Social Care bundle now!

This Health & Social Care Bundle Consists of the Following Courses :

- Course 1: Health and Social Care UK 2021
- Course 2: Health and Social Care – Level 3
- Course 3: Counselling Skills and Psychothertapy
- Course 4: Active Listening
- Course 5: Anti Social Behaviour: Understanding & Preventing
- Course 6: Workplace Equality & Diversity
- Course 7: Coronavirus (COVID-19) Awareness for Healthcare
- Course 8: Mental Health First Aid
- Course 9: Communication SKills Masterclass
- Course 10: Critical Thinking & Problem Solving
- Course 11: Self Confidence & Self Esteem Training
- Course 12: Team Management Advanced Training
- Course 13: Risk Assessment, Health and Safety Online Course
- Course 14: Psychology of Persuasion and Social Influence
- Course 15: Diploma in Childcare
- Course 16: Diploma in Emotional Intelligence and Resilience

Curriculum Breakdown of the Premium Courses:

➢ Health and Social Care UK 2021

- Module 01- Nursing - Introduction to Advanced Health and Social Care
- Module 02- Nursing - Introduction to the UK Health System
- Module 03- Nursing - Essential Principles, Policies and Legislations in Health and
- Social Care Work

- Module 04- Nursing - Fundamental Aspects of Providing Quality Health

➢ Health and Social Care - Level 3

- Module 1. Introduction to Health and Social Care
- Module 2: Communication and its Relevance
- Module 3: Rights and Responsibilities as a Health and Social Care Worker
- Module 4: Role as A Caregiver and Healthcare Professional
- Module 5: Working in Health and Social Care; Promoting Equality, Diversity and Rights
- Module 6: Important Principles and Policies in Health and Social Care Work
- Module 7: Understanding Legal, Professional Standards of Practice and Ethical Aspects of Health Care Part - 1
- Module 8: Understanding Legal, Professional Standards of Practice and Ethical Aspects of Health Care Part - 2
- Module 9: Safeguarding Vulnerable Individuals
- Module 10: Health and Safety Responsibilities
- Module 11: Risk Management in Health and Social Care

➢ Counselling Skills and Psychotherapy

- Module 1: Counselling and Counsellors
- Module 2: Theories and Models of Counselling (Part 1)
- Module 3: Theories and Models of Counselling (Part 2)
- Module 4: Legal, Cultural and Ethical Issues in Professional Counselling
- Module 5: Forms of Psychotherapy
- Module 6: Engaging and Assessing the Patients
- Module 7: Helping the Client in Crisis
- Module 8: Crisis Intervention

- Module 9: Low Intensity CBT Treatment
- Module 10: Medication and Therapy in the Treatment of Mental Illness
- Module 11: Communication Skills and Empathy in Counselling

➢ Active Listening

- Module One: Defining Active Listening
- Module Two: Attitude is Everything!
- Module Three: Encouraging Conversation
- Module Four: Building Relationships

➢ Anti Social Behaviour: Understanding & Preventing

- Module 1: Overview of Anti-social Behaviour
- Module 2: Family Influences on Anti-social Behaviour
- Module 3: Anti-Social Behaviour Order
- Module 4: Anger and Anti-social Behaviour
- Module 5: Understanding Antisocial Personality
- Module 6: Prevention of Anti-social Behaviour

➢ Workplace Equality & Diversity

- Module One: Understanding Diversity
- Module Two: Understanding Stereotypes
- Module Three: Breaking Down the Barriers
- Module Four: Verbal Communication Skills

- Module Five: Non-Verbal Communication Skills
- Module Six: Being Proactive
- Module Seven: Coping with Discrimination
- Module Eight: Dealing with Diversity Complaints as a Person
- Module Nine: Dealing with Diversity Complaints as a Manager
- Module Ten: Dealing with Diversity Complaints as an Organization

➢ Coronavirus (COVID-19) Awareness for Healthcare

- Introduction to COVID-19
- Understanding of Covid-19 as a Pandemic and How It Is Related to Zoonotic Diseases
- The Strike of Pandemic Around the World and Great Britain
- Effects of Covid-19 on Human Life
- Diagnosis and Treatment
- Preventions and social measures to be taken
- AI, Data Science and Technological Solutions Against COVID-19

➢ Mental Health First Aid

- Healthcare Assistant -Overview of Mental Health First Aid
- Healthcare Assistant -Childhood and Adolescent Psychiatric Disorders
- Healthcare Assistant -Stress and Anxiety Disorders
- Healthcare Assistant -Schizophrenia
- Healthcare Assistant -Personality Disorders
- Healthcare Assistant -Mood Disorders
- Healthcare Assistant -Eating & Sleeping Disorders
- Healthcare Assistant -Self-Harm and Suicide
- Healthcare Assistant -Medication and Therapy in the Treatment of Mental Illness
- Healthcare Assistant -Social Attitudes to Mental Illness

- Healthcare Assistant -Mental Health Legislation and Services
- Healthcare Assistant -Mental Health in the Workplace
- Healthcare Assistant -Approach and React To People in Mental Health Crisis

➢ Communication Skills Masterclass

- Health & Social Care -Course Introduction
- Health & Social Care -Deciding the Topic
- Health & Social Care -Introductory Address
- Health & Social Care -Body of the Speech
- Health & Social Care -Conclusion
- Health & Social Care -General Instructions

➢ Critical Thinking & Problem Solving

- Components of Critical Thinking
- Non-Linear Thinking
- Logical Thinking
- Critical Thinkers (I)
- Critical Thinking (II)
- Evaluate the Information
- Benefits of Critical Thinking
- Changing Your Perspective
- Problem Solving
- Putting It All Together

➢ Self Confidence & Self Esteem Training

- Health & Social Care -Introduction
- Health & Social Care -Understanding Confidence
- Health & Social Care -Developing the Right Mindset to Gain Confidence
- Health & Social Care -Build Confidence: Strategies That Works
- Health & Social Care -Quick Activity to Build Your Confidence
- Health & Social Care -Conclusion

➢ Team Management Advanced Training

- Defining Team
- Understanding Management and Leadership
- Building High Performing Teams
- Motivating Team Members
- Talent Management
- Stress Management and Mental Health
- Succession Planning
- Communication Skills
- Negotiation Techniques
- Managing Change
- Managing Time
- Managing Conflict
- Risk Management Process
- Managing Virtual Teams

➢ Risk Assessment, Health and Safety Online Course

Risk Assessment

- Module One – Getting Started
- Module Two – Identifying Hazards and Risks
- Module Three – Seeking Out Problems Before They Happen (I)
- Module Four – Seeking Out Problems Before They Happen (II)
- Module Five – Everyone's Responsibility
- Module Six – Tracking and Updating Control Measures
- Module Seven – Risk Management Techniques
- Module Eight – General Office Safety and Reporting
- Module Nine – Business Impact Analysis
- Module Ten – Disaster Recovery Plan
- Module Eleven – Summary of Risk Assessment
- Module Twelve – Wrapping Up
- Activities – Certified Diploma in Risk Assessment and Management

Health and Safety at workplace

- Why Workplace Health & Safety are Important
- It Takes Team Effort!
- Some Rules are Compulsory
- Rewarding Compliance
- You Need a Backup Plan Always
- Dealing with Issues and Concerns
- How to Deal with Noncompliance
- Remember What the Workplace is for
- Make Your Workplace a Good Place
- Conflict Resolution
- Are Dress Codes Appropriate?

- Minimizing Distractions
- People Who Work After Hours
- Your Fire Safety Plan
- Being Organized
- Plan for Emergencies
- Promoting a Safe Environment
- Do You Need Security Guards?

➢ Psychology of Persuasion and Social Influence

Introduction

- What You Will Learn on This Course   FREE
- Who is Philip Hesketh?

Our Seven Fundamental Psychological Drivers

- Psychological Drivers: 1 – Love, 2 – Importance & 3 – Belonging
- Psychological Drivers: 4 – Belief
- Psychological Drivers: 5 – Certainty & Uncertainty
- Psychological Driver: 6 – Need for Growth
- Psychological Driver: 7 – Need for a Place

Why We Do What We Do and How We Form Opinions

- First Impressions ~ How They're Formed and How to Form a Good One
- The 'Facts, Feelings and After Effects' of Every Conversation
- How to Get People to Jump Through Hoops like a Dolphin
- The Psychological Difference Between Persuasion and Influence
- The Importance of Understanding How People Have Beliefs and How Placebos Work

Body Language: Reading It and Interpreting It

- How to Read Body Language and the 'Tells'
- The Difference Between 'Intent' and 'Impact'
- How to Work out What People Really Mean When They Say Certain Things
- The Big Difference That Little Words Can Make
- How to Tell When People Are Lying and What to Do About It

How to Handle Difficult People with a Smile

- How to Put Things Right When You've Put Things Wrong
- The Principles of Objection Handling
- The Importance of Being Part of the Solution
- Constructive Criticism
- How to Handle Difficult Situations During and After the Event

How to keep improving relationships

- How The Roman Empire, The Beatles, and the Titanic really failed
- How and why all relationships and companies follow the same course
- How to keep improving even the best relationships

How relationships develop and how to relate to people

- How to develop trust and how to measure it
- How get on with everyone better
- How to understand people better and the role of linear probing
- How to improve all your relationships in the long term

Conclusion

➢ Diploma in Childcare

Child Care

- Childcare Basics
- Legal Requirements

- Health And Safety Issues
- Child Care Equipments

Guidelines for Carer

- Child Care Guidelines
- Outdoor Safety
- Plants That Poison
- Guidelines for Food Preparation and Handling
- Changing Diapers
- Symptoms of Illness

Child Development

- Development Basics
- Expected Milestones For Your Child's Age
- Gross Motor Skills
- Fine Motor Skills
- Cognitive Skills
- Speech
- Social Skills
- Developmental Delays

Child Psychology

- What is Child Psychology?
- Defining Children and Childhood
- Child Development Theories
- Genetics
- Cognitive Development
- Physical Development
- Social and Emotional Development
- Attachment
- Self Esteem & Confidence
- Gender Roles and Gender Differences
- Learning Disability
- Behavioral Disorders
- High Intelligence & School Psychology
- Phases of Grief
- Nutrition and Child Development

- Developing into Adulthood

Child Empowerment

- Build Your Child's Self Esteem
- Catch The Good And Not Always The Bad
- Demonstrate The Love Is Unconditional
- Make Rules And Be Consistent
- Make Special Time For Your Child
- Always Set An Example
- Don't Dominate A Conversation
- Learn To Be A Good Communicator
- An Unnourished Child has A Long Road Ahead

Child's Social Behaviour Training & Management

- The Three Modes of Management
- What Are Gentle Measures?
- There Must be Authority
- Gentle Punishment Of Disobedience
- The Philosophy of Punishment Action
- Rewarding Obedience
- The Art of Training Delivery
- Methods Exemplified
- Della and The Dolls
- The Child With The Parent
- The Parent With The Child
- Difference Between Commendation and Encouragement
- Faults of Immaturity
- Activities for kids Early Learning
- The Role of Imagination in Children`s development
- Truth and Falsehood
- Judgement and Reasoning
- Wishes and Requests
- Children`s Questions
- The Use of Money
- Corporal Punishment
- Gratitude in Children
- Religious Training

Child Safety

- Public Safety Basics
- Stranger Danger!
- School Bus Safety
- Playground Safety
- Public Hygiene Safety
- Internet Safety
- Latest Tech Gadgets For Child Safety
- The Issues With Not Teaching Your Child Public Safety Rules

Household Safety

- Safety Basics
- Being Safe With Electricity
- Being Safe With Fall Hazards
- Safety With Poisons
- Safety With Choking Hazards
- Emergency Contacts And How To Use Them
- The Dangers Behind Not Child Proofing

➢ **Diploma in Emotional Intelligence and Resilience**

- Introduction
- Lesson One: Understanding emotion
- Lesson Two: Understanding emotional competence
- Lesson Three: Avoiding burnout
- Lesson Four: Developing emotional competence
- Lesson Five: Spirituality and values
- Lesson Six: Conclusion