

Overview

The Level 1 Award in Health and Safety at Work (RQF) is a UK OFQUAL accredited 100% online, knowledge-based health and safety qualification. The Level 1 qualification is for those working in a workplace, or hoping to start a job. The Level 1 Award in Health and Safety at Work (RQF) provides individuals with fundamental knowledge of occupational health and safety, ensuring that they follow strategies to keep themselves and others safe, as well as the ability to recognize potential hazards. You are not required to have any prior qualification or experience to start this course. For more information or clarification please contact our team for free and comprehensive advice.

Duration and Delivery

This Level 1 health and safety at work qualification is designed to be completed online at the pace that suits you the best. This Level 1 course can take as little as 6 hours. The OFQUAL Regulated health and safety at work Level 1 qualification is delivered through our Virtual Learning Environment. Our 24/7 online tutor support is there to facilitate you to achieve your success rate accordingly.

Assessment & Verification

All units within this OFQUAL Regulated Level 1 qualification are internally assessed by our qualified assessors and externally verified by the awarding organisation. The assessment takes the form of written assignments, detailed guidance for which will be provided by the tutor. You will receive 24/7 tutor support once you are enrolled on our online portal to assist you in reaching your goals.

Progression

This is a thorough qualification of Level 1 Award in Health and Safety at Work (RQF), which helps learners enhance their career profile. Successful completion of this 100% accredited online course enables learners to proceed to the following qualifications:

- Level 2 Award in Health & Safety in the Workplace
- Level 3 Award in First Aid at work

01	Course Credits
10	Total Quality Time
06	Guided Learning Hours

Duration

Fast Track	6 Hours
Full Time	1 Day

Unit Structure

- Introduction to health and safety for people at work

