

Incognito Dance - Online



Q. Why learn online dance courses?

Our number one aim and absolute main objective is to give you a learning experience that will transform your dancing in the most efficient, progressive and comprehensive way possible.

Simply put we want you to improve your dancing as much as possible with the minimum amount of time and effort.

We put together a unique **Core Technique Methodology**, which has been developed using our lifetime experience in dance. This methodology is at the centre of all our online courses, to help you learn super fast, save money and save time.

Q. What is our Core Technique Methodology and why use it?

In a nutshell it is the principle of identifying a fundamental technique which is at the centre of dozens, if not hundreds of combinations of movement. For example, a beautiful dance like Salsa may have thousands of combinations of movement and turn patterns. We break that down to less than 20 core techniques and show you how to build and master variations of those techniques.

Around the world, the usual method of learning a dance like Salsa, Bachata, Cha Cha, Mambo et cetera is to do hundreds of classes over many years and travel vast distances to finally get all the knowledge and experience you need to achieve high levels of dance. Not to mention private lessons, workshops, courses, congresses, festivals... so on. This could cost 10s of thousands of pounds/dollars and you may not even get 50% of the real knowledge you need. Whilst we agree you would have lots of fun (just like many do) learning like this, but it does have it disadvantages: expensive, time consuming, disruptive learning patterns, frustrating, inefficient and very unprogressive.

If you don't have the time, patience or the money to wait years before you achieve your goals, then learning smarter is the answer. This is where the Core Technique Methodology comes into play. We've done all the hard work for you. We have identified which core techniques are essential at each level, then progressively developing them throughout the levels to achieve your transformation in dance.

There are huge advantages to using this **Core Technique Methodology**:

- Much easier to remember techniques and combinations
- Gives you the ability to focus on what is important in the learning to make the leap to the next level super easy and smooth
- Saves money and time. On average we've seen our students learn 5 to 10 times faster than the conventional way of learning
- Build confidence really quickly and apply what you learn instantly onto the dance floor and most important of all - have fun NOW!

