

# MENTAL HEALTH CARE TRAINING - MCA & DOLS

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**WHY  
WOULD  
YOU  
TAKE  
IT?**

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One of the demanding careers  
A Course Loved by learners  
Loved by professionals  
Designed and Developed by experts

Patients with mental illness or developmental disabilities receive basic care, therapy, and help from Mental Health Workers, also known as Psychiatric Technicians. Mental Health Workers support their patients with daily activities, check their symptoms, and assist with therapeutic care administration.



To assist in raising awareness and providing training on DOLS issues, and to carry out DOLS assessments within the appropriate timescales across a range of service user groups and locations, and to complete all appropriate recording of these assessments



# JOB RESPONSIBILITY

# WHAT'S IN THIS COURSE?



Get mental health training and explore the science and psychology behind human development, including some prevalent mental disorders, with our Mental Health Care Training - MCA & DOLS.

Our Mental Health Care Training - MCA & DOLS will help you to assess work-related mental health issues to measure the levels of risk to staff and implement strategies to minimise stress at work.

This comprehensive mental health care course aims to enhance your knowledge of mental health problems and explains key areas where you can take necessary steps to minimise pressure, manage potential stressors and limit the negative impact that the work could have on you or your employees.

This premium-outlined Mental Health Care Training - MCA & DOLS course will benefit you discover healthy ways to deal with workplace stress, create a mentally healthy environment and provide appropriate support to individuals experiencing mental health issues in the workplace.

# CURRICULUM BREAKDOWN

**Module 1. The Mental Capacity Act**

**Module 2. Assessment of Mental Capacity**

**Module 3. Best Interest Decision Making**

**Module 4. Advocacy and Advance Planning**

**Module 5. Providing Care or Treatment to People Who Lack Capacity**

**Module 6. Confidentiality and Record Keeping**

**Module 7. Public Bodies and Services Created by MCA Act 2005**

**Module 8. Interface with Legislation, Policy and Procedures**

**Module 9. Deprivation of Liberty Safeguards**

**Module 10. Authorised Deprivation**

**Module 11. Legal Background to DOLS**

**Module 12. The Mental Capacity Act (2005) and Deprivation of Liberty Safeguards During a Pandemic**

**Module 13. Liberty Protection Safeguards (LPS)**



**Mental health training teaches employees about common mental health conditions. Done well, it reduces the stigma surrounding mental health issues and teaches people to spot warning signs for complex mental health issues, such as cyberbullying, trauma, PTSD, and depression/anxiety.**

# CURRICULUM BREAKDOWN

## Mental Health First Aid

Module 1: Introduction to Mental Health

Module 2: Overview of Mental Health First Aid

Module 3: Childhood and Adolescent Psychiatric Disorders

Module 4: Stress and Anxiety Disorders

Module 5: Schizophrenia

Module 6: Personality Disorders

Module 7: Mood Disorders

Module 8: Eating & Sleeping Disorders

Module 9: Self-Harm and Suicide

Module 10: Medication and Therapy in the Treatment of Mental Illness

Module 11: Social Attitudes to Mental Illness

Module 12: Mental Health Legislation and Services

Module 13: Mental Health in the Workplace

Module 14: Approach and React To People in Mental Health Crisis



Mental health training helps employees recognise the signs of mental distress in themselves and others. This helps them not only handle larger crises, but also to intervene before the distress becomes an emergency.

# REVIEWS:

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**Cena**



The course was great. Gained an insight into Mental Care. Hope this would help me a lot in my career.