



# Health and Safety

Health and Safety -  
Online Training Course -  
CPDUK Accredited



Corporate  
Member

The CPD Certification Service



## OVERVIEW

Welcome to The Mandatory Training Group's online Health and Safety training course for front-line healthcare and social care support workers. All our online training courses, programmes and qualifications are accredited by the CPD Certification Service (CPDUK).

Health and safety legislation, regulations and procedures intended to prevent accident or injury in workplaces or public environments.

All workers have a right to work in places where risks to their health and safety are adequately controlled. Health and safety is about stopping you from getting hurt at work or ill through work. Your employer is responsible for health and safety, but you must help. You also have a responsibility to take care of your health and safety, as well as that of your colleagues.

### Health and Safety - E-Learning Course - CPDUK Accredited

- Study method – Online, self-paced
- Estimated duration (Indicative CPD hours) – 2 hours
- Course format – Online (24/7 access)
- Entry requirements – no prerequisites required
- Assessment type – Complete end of course assessment (80% needed to pass and gain CPD certificate)
- Certification/Qualification – Downloadable CPD certificate
- Cost(s) of assessment and certification – Assessment and certification costs included in the course price
- Course accreditation – CPD Certification Service (CPDUK)
- Course access – Part-time (1-year access)
- Course delivery – via desktop PC/MAC, laptops, tablets or smartphones.

### Who is the course for?

This online Health and Safety training course should be completed by those who work in health and social care services, including:

- New members of staff in Healthcare Support Worker roles,
- New members of staff in Adult Social Care Worker roles, and
- Any staff members who provide direct care to patients or individuals needing support.

This online Health and Safety training course will also be useful for:

- Staff moving into new roles within their organisation,
- Refreshing the knowledge of any member of staff,
- NHS nursing, AHP and care staff,
- Agency care workers,
- Healthcare assistants (HCAs),
- Support workers,
- Care assistants, and
- Community services.

## Course aims

This online Health and Safety training course aims to provide necessary information and awareness of the principles of health and safety in the workplace.

All workers (including healthcare and social care workers) are entitled to work in environments where risks to their health and safety are adequately controlled. Under health and safety law, the primary responsibility for this is down to employers. Employers must consult with their employees, or their representatives, on health and safety matters.

This online Health and Safety training course aims to make all health and social care support workers more aware of their rights and responsibilities concerning the management of health and safety at work.

## Learning outcomes

On completion of this online Health and Safety training course, the learner will understand:

- Employers and employees responsibilities,
- Factors to ensure workplace safety,
- Principles of health and safety, and
- Essential health and safety regulations.

## Course content

This online Health and Safety training course covers the following:

- **Understand their responsibilities, and the duties of others, relating to health and safety in the work**
  - Identify legislation relating to general health and safety in a health or social care work setting,
  - Describe the main points of the health and safety policies and procedures agreed with the employer, and
  - Outline the primary health and safety responsibilities of:
    - Self (take responsibility for your health and safety),
    - The employer or manager,
    - Others in the work setting.
  - List tasks relating to health and safety that should not be carried out without special training,
  - Explain how to access additional support and information relating to health and safety, and
  - Describe different types of accidents and sudden illness that may occur in their work setting.
- **Understand risk assessment;**
  - Explain why it is essential to assess the health and safety risks posed by particular work settings, situations or activities, and
  - Describe how and when to report health and safety risks that they have identified.

- **Move and assist safely;**
  - Identify key pieces of legislation that relate to moving and helping,
  - List tasks relating to moving and assisting that they are not allowed to carry out until they are competent, and
  - Demonstrate how to move and assist people and objects safely, maintaining the individual's dignity, and in line with legislation and agreed ways of working.
- **Understand procedures for responding to accidents and sudden illness;**
  - List the different types of accidents and sudden illness that may occur in the course of their work,
  - Describe the procedures to be followed if an accident or sudden illness should occur, and
  - List the emergency first aid actions they are and are not allowed to carry out.
- **Understand medication and healthcare tasks;**
  - Describe the agreed ways of working about medication,
  - Describe the agreed ways of working about healthcare tasks, and
  - List the tasks relating to medication and health care procedures that they are not allowed to carry out until they are competent.
- **Handle hazardous substances;**
  - Describe the hazardous materials in their workplace, and
  - Demonstrate safe practices for storing, using and disposing of harmful substances.
- **Promote fire safety;**
  - Explain how to prevent fires from starting or spreading, and
  - Describe what to do in the event of a fire.
- **Work securely,**
  - Describe the measures that are designed to protect their security at work and the security of those they support, and
  - Explain the agreed ways of working for checking the identity of anyone requesting access to premises or information.
- **Manage stress;**
  - Recognise common signs and indicators of stress in themselves and others,
  - Identify circumstances that tend to trigger stress in themselves and others, and
  - List ways to manage stress.

## Why is this online Health and Safety training course essential?

Health and safety is vital because it protects the well being of employees, visitors and customers (patients and service users in health and social care settings). Looking after Health and Safety makes good business sense. Workplaces which neglect health and safety risk prosecution may lose staff and may increase costs and reduce profitability.

[Click Here to Buy this Course](#)



Mandatory Training Group 

    
**Learn. Develop. Comply**

## HOW IT WORKS?

### Instant Access

- Gain instant access to your course(s) upon purchasing through our website
- Login credentials are sent immediately to the customer to the email address provided during the checkout process
- We also advise all customers to check their spam and junk mail folders in case your mail server has diverted the email there

### Online Support 24/7

- Customer service teams interact with clients through email and live chat support.

### Refund policy

- To request a refund, you should email our support team with your receipt stating why you would like to be reimbursed.
- You, or your learners, must not complete the training to make a valid refund claim.
- Any courses that have been completed and those with certificates achieved will not be valid for a refund.

### Learn Anytime, Anywhere, On Any Device

- Learn at your own pace, at a time and place convenient to your circumstances
- Individual learners can access their course material(s) 24/7 for 365 days from the date of purchase
- In the case of organisations that order multiple licences for future use, the countdown will start when learners are allocated to the training course(s)

### Assessment and Certification

- Unlimited attempts to complete end of course assessments
- On successful completion, download, print/save quality-assured CPD certificate

### 100% Money Back Guarantee

- We want you to be completely satisfied with your training. We offer a 14-day money-back guarantee if you are not 100% satisfied.

## ASSESSMENT AND CERTIFICATION

### End of course assessment

At the end of this course, learners are required to complete an online end of course assessment. On successful completion of the assessment (80% pass mark), learners may download a FREE CPD certificate from their profile page.

### Certification

On successful completion of this e-learning course and end of course assessment, the learner may download, save and/or print a quality assured CPD certificate (recognised internationally). Our CPD certificate can be used to provide evidence for compliance and audit or Continuing Professional Development (CPD).

### Course accreditation

The CPD Certification Service accredits all our online training courses and programmes as conforming to universally accepted Continuous Professional Development (CPD) guidelines. Our online training courses meet the latest guidance and best practice recommendations.



The image shows a large, stylized badge for CPD Corporate Membership. On the left is the logo for Mandatory Training Group, featuring the letters 'CPD' in a blue, circular font with a checkmark, and the text 'Mandatory Training Group' below it. In the center, the text 'Corporate Member' is written in a large, blue, sans-serif font, with 'The CPD Certification Service' in a smaller font below it. At the bottom center, it says 'CPDUK Corporate Membership Number - 11177'. On the right, there is a logo for 'CPD CERTIFIED' in a purple, circular font with a checkmark, with 'The CPD Certification Service' and 'Collective Mark' below it.

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Mandatory  
Training Group

## WHY CHOOSE US?

The benefits of using our accredited e-learning courses in the workplace include:

- CPDUK accredited e-learning provider
- Ofqual approved training centre (UK qualifications)
- Internationally recognised CPD and Ofqual approved certificates
- Wide range of courses and qualifications that meet UK legislation and guidelines
- Over 500 online courses and programmes that cover multiple sectors
- Free blended learning environment for individuals and organisations
- Immediate access to online courses and programmes
- Highly interactive e-learning portal
- Substantial cost reductions (no travel fees and other expenses)
- Self-paced online learning
- Low carbon footprint through e-learning
- Repository of online learning materials and assessments
- Fully qualified and experienced trainers, instructors and assessors
- Experienced subject matter experts and content developers
- Conversion of existing classroom courses to e-learning courses
- All training courses meet the latest guidance and best practice recommendations.

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### Civility in the Workplace Training Course for Global Executives

*"YPO is the premier global leadership organisation for more than 28,000 chief executives in over 130 countries and the global platform for them to engage, learn and grow. We approached The Mandatory Training Group to develop an online training programme focusing on improving workplace civility. Their team developed excellent learning materials tailored to our organisational needs. With their support, we rolled out the civility in the workplace training programme to over 300 executives around the world."*

Nicolle Billmyre, YPO, Texas, USA



### City and Hackney

Clinical Commissioning Group

### Counter Fraud, Bribery and Corruption Training for NHS Providers

*"NHS City and Hackney Clinical Commissioning Group (CCG) is an NHS organisation led by local GPs. The Mandatory Training Group provided us with tailored courses focussing on tackling fraud, corruption and bribery for all our staff across various sites. The e-learning courses helped us to meet statutory and regulatory requirements".*

Harriet Griffiths, NHS City and Hackney CCG, London, UK



### Accredited Training Courses, Programmes and Regulated Qualifications

*"Reed is the largest platform for jobs, recruitment and courses in the UK. The Mandatory Training Group is one of our most trusted providers of continuing professional development (CPD) programmes and regulated qualifications. They have provided us with a wide range of learning materials ranging from soft skills, personal development, health and safety, among others. These courses help many job seekers to improve their skills and comply with the current UK and European laws".*

Mansh Bhatti, Reed Courses, London, UK



*“When we set up our business, we were looking for a reliable training provider for the healthcare multi-disciplinary team (MDT). We worked with The Mandatory Training Group to establish our training needs for each group of professionals. Their experience was invaluable, helping us to design new courses and assessments to meet the commissioners' and regulatory requirements”.*

Anne Joy, OSD Healthcare, Hemel Hempstead, UK



Healthcare choice for **everyone** **Statutory and Mandatory Training for Healthcare Providers**

*“All our senior clinicians were delighted with the delivery of the mandatory training courses. They found the course leaders to be very flexible with allocating more time to certain areas at request. The course contents that LearnPac had designed were tailored to our workforce, which helped them improve their understanding of the subjects. The application of legislative concepts to practice was excellent”.*

Sophie Hartley-Jones, OneHealth Group, Sheffield, UK

## Online Training and Development for the Public Sector



*“We work with various public sector organisations. Statutory and mandatory training is essential for all our placements. We used LearnPac for the blended learning environment they provide for our staff. The online statutory and mandatory training courses adequately meet our regulatory requirements. LearnPac's learning management system enabled us to manage our learners and quickly sort out compliance for our workers. The flexibility of pricing and meeting our needs with the mandatory training was beneficial.”*

David Sanchez, Eden Brown Synergy, London, UK



## Blended Train the Trainer Courses for Healthcare Providers

*“We were looking to provide resuscitation and first aid training for clinical and non-clinical staff internally. The Mandatory Training Group stood out because they provide comprehensive blended learning solutions. Our internal trainers and facilitators were able to complete the theory training and assessments in advance. The practical sessions were packed with meaningful activities throughout the day. The lead trainers also helped us to complete training needs assessments”.*

Kate McLoughlin, Nuffield Health, Bournemouth, UK

[Click Here to Buy this Course](#)

# LEARN. DEVELOP. COMPLY.

The Mandatory Training Group is the leading UK provider of accredited statutory and mandatory training courses for all sectors, including health and social care, education, local government, private and charity sectors.

We have supported over one million learners to reach their potential through e-learning courses and qualifications using our interactive online learning portal.

## ADDRESS

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## WORKING HOURS

Mon - Fri / 9:00AM - 5:00PM

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