# Korset <td

# MESSAGE FROM OUR CREATOR

Let's be honest, most people have painful memories from their school days. The long and unnecessary lesson plans and homework, in addition to the heartbreaks and terrible haircuts. Thankfully, those days are over. Learners want to get straight to the point and that's why this course has been condensed into engaging, manageable chunks that you can take now, on the bus or wherever suits you, via mobile or desktop.

Oh, and it's nothing like PowerPoint. Because who wants to sit through hours of boring slides?

### COURSE OVERVIEW

"If you sit too close to the TV your eyes will go square!" Yes, that was a pretty unconvincing argument our parents told us. But it would have been a bit too lengthy to say "If you sit at an incorrect angle while watching TV it will cause eye strain, upper limb problems and backache and the glare that bounces back into your eyes will force you to rely on glasses." No child would take notice of that...

Computers are brilliant for many aspects of work, but if used incorrectly employees can gain insufferable injuries that will not only lead to nasty damage in their limbs, back and eyes but also result in extra company costs. This course covers exactly what you need to ensure you set up your workstations correctly and support employees' needs. It will also give you the facts so you can threaten your children with confidence when they are on the iPad for too long.

### WHO SHOULD TAKE THIS COURSE?

This course is essential training for any employer who provides computer equipment, including any screens (laptops, iPads, projectors), to their employees. It will inform you of the health and safety regulations and assessments and guide you through your duties as an employer to keep workers safe from aches and pains when using computer equipment.

## AFTER TAKING THIS TRAINING YOU SHOULD BE ABLE TO:

- Know how to use a computer screen, keyboard and mouse safely
- Recognise and control any risks
- Understand which furniture to provide staff
- Understand employee rights on DSE
- Recognise when to perform reviews

### WHY SHOULD I TAKE THIS COURSE?

You have a duty of care as an employer to mitigate risks to your employees when they are working on your company's equipment. Treat this course as part of your business contingency plan to protect you, your company and your workers from harm.