



PUBLIC COURSE ONE DAY TRAIN THE TRAINER				
Date	As per booking	Location	Aspire Room	Zoom
Start time	9:30 am	Finish time	5.00 pm	

## **Learning Outcomes**

As a result of attending this programme delegates will learn:

The dynamics of facilitation and working the room:

How to make best use of their own personal training style

The communication dynamics of facilitating large and small groups

How to confidently open and close down discussions

How and when to use different types of questions effectively

How to change the energy to keep people engaged

How to change their attitude to create a different impact

How to change and use their status for a different effect

How to use proxemics effectively

How to make the environment work for an effective interactive session

## Engaging the audience:

How to structure an engaging and dynamic training programme

How to use storytelling in training

How to use and appeal to right and left brain approaches to learning

How to recognise and appeal to different learning styles (Visual, auditory, kinaesthetic)

Tools for making the most of power point slides

Tools for handling resistance and difficult questions

## Pre-Programme Work

Think about a training session you have given or attended that you felt was successful. What was it that worked well?

Think about a training session that wasn't so successful. What were the challenges? What could have been done differently to make it more successful?

Bring a short excerpt from a training session (with slides) that you might give or have already given. We may use this as material to work with.

If you have any questions do contact us at:

info@aspire-leadership.co.uk

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