



## **Details Curriculum of First Aid at Work Course**

### **Module 01: Introduction to First Aid at Work**

Module First Aid at Work One introduces the basic principles of First Aid at work and the important responsibilities that a First-Aider must own. It also looks at the requirements of a good First Aid kit and the importance of preventing cross-infection. It also provides a pointer towards initial actions to take when an emergency is encountered.

### **Module 02: Legal Framework for First Aid at Work**

In First Aid at Work Module Two, we explain the legal duties of an employer (and employee) has in regards to providing First Aid equipment and facilities. It also covers the UK legislation that is currently in place, to ensure that the appropriate workers are trained in First Aid skills, along with further health and safety directives. The importance of accident reporting is examined as well.

### **Module 03: Incident Management at Work**

In Module Three, we look at the way in which First Aid at Work personnel should take charge during incidents and guide events. This naturally leads to the recommended actions to take during an emergency, where they will be influential in conducting safety during accidents involving fire, electricity, and water. This First Aid at Work module also emphasises the need for self-safety as a First-Aider.

### **Module 04: Primary Survey**

In First Aid at Work Module Four, we look at the importance of a Primary Survey during an incident. It emphasises the importance of recording and understanding all the information that can be taken from the casualty and the incident. The module also instructs the way a Recovery Position can be applied to a patient.

### **Module 05: Secondary Survey**

First Aid at Work Module Five explains the purpose of a Secondary Survey and why it may not always be necessary. It covers the benefits of a more protracted examination and detailed investigation into an incident. We explain the procedural steps of the survey and just how much it can influence the treatment of the casualty.

### **Module 06: Basic First-Aid Techniques**

First Aid at Work Module Six comprehensively describes the most commonly used First Aid at work techniques. We cover the “Chain of Survival”, and the key recommendations in an emergency. The components of a First Aid kit are also explored, with descriptions of how to apply dressings, bandages, and slings. The life-extending procedures involving CPR and AEDs are highlighted as well.

### **Module 07: Dealing with Minor Injuries at the Workplace**

First Aid at Work Module Seven describes the majority of minor injuries that a First-Aider can expect to encounter. It looks at the wide variety of common ailments and wounds that can occur easily, and how best to deal with them. The module also highlights the injuries that can escalate in severity and what to do to ensure the safety of the casualty.

### **Module 08: Secondary Illness Loss of Responsiveness and CPR**

Module Eight starts to cover the Secondary Illnesses that a First-Aider can come across. This module specifically explains the actions required when an adult, child, or baby becomes unconscious. It also goes into detail on how to check for breathing problems and apply resuscitation techniques.

### **Module 09: Secondary Illness Breathing Problems**

Module Nine continues the theme of treating Secondary illness in a casualty. This module covers the conditions that can cause severe breathing difficulties in an individual, how they should be appropriately treated, and when emergency services should become involved.

### **Module 10: Secondary Illnesses and Injuries**

Module Ten continues to look at Secondary Injuries that arise from long-time medical conditions or injuries. This covers a range of issues from complications caused by excessive bleeding, to the effects of Epilepsy, and the causes of Heart Attacks. The module also covers the different types of diabetes, and what causes the body to go into shock.

## **Module 11: Dealing With Fractures and Dislocations**

Module Eleven comprehensively covers the different types of fractures and dislocations. It looks at the different ways bones can break or splinter, along with the appropriate treatment a First-Aider can perform. We also cover the risks behind head injuries and how bone displacement should be handled.

## **Module 12: Call for an Emergency**

Module Twelve covers and summarises the different types of emergency services that are available in the UK. This final module will affirm the responsibilities of a First-Aider and instructs the learner on how and when to call the appropriate services.