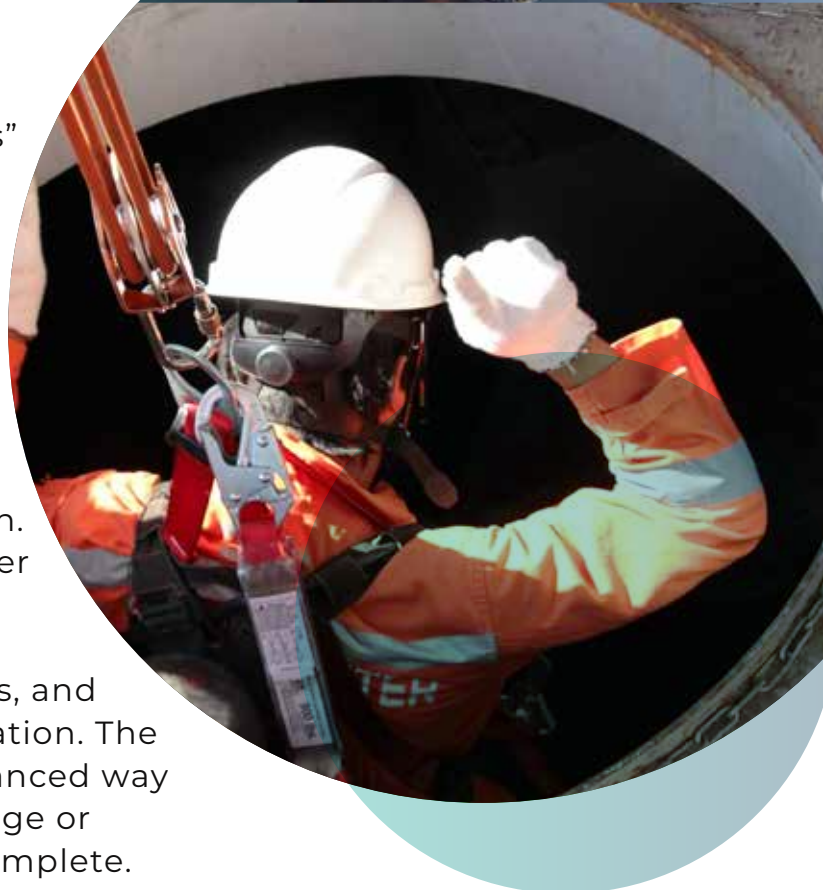




WORKING IN CONFINED SPACE TRAINING

COURSE CONTENT
OVERVIEW

This “Working in Confined Spaces” course is for all workers and employers who need to spend any amount of time operating in cramped conditions or poorly ventilated areas. It is designed to highlight the possible risk and hazards that may exist in environments that are not intended for long-term occupation. The course will educate the learner in the methods of identifying dangerous practices in specific conditions, cautionary procedures, and what is needed for a rescue operation. The information is presented in a balanced way that does not need prior knowledge or prerequisites to understand or complete.



WHO SHOULD TAKE THE COURSE ?

This course will be beneficial for any employers or employees that have regular or occasional tasks, which need to be performed in small areas not specifically designed for human occupation. It would also be useful for those with the responsibilities of a rescuer or first-aider.

This would mean that information would be perfect for;

- Dockworkers
- Miners
- Sewage workers
- Maintenance workers
- Construction site workers
- Agricultural workers
- Search & Rescue personnel

WORKING IN CONFINED SPACES: COURSE CONTENTS

- **Module 1.** Working in Confined Spaces and the Laws
- **Module 2.** Risk Assessment
- **Module 3.** Control Measures
- **Module 4.** Emergency Procedures

MODULE ONE

01

WORKING IN CONFINED SPACES AND THE LAWS

Module one clarifies the definition of “Confined Spaces,” and why training for working inside one is essential. We also look at the UK and Irish laws that are in place for employees, which solidify the legal responsibilities of employers and property owners. The responsibilities of managers and other leadership positions are also examined.

The key learning points are:

- The reasons for confined space training and the risks that exist.
- The accepted definition of what constitutes a “confined space.”
- The details in the UK and Irish regulations that cover working in a confined space.
- The responsibilities that a company manager owns for the well-being of a worker.
- Who should take charge of confined space working at specific times.



MODULE TWO

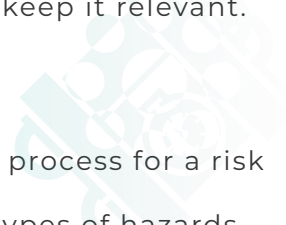
02

RISK ASSESSMENT

In Module two, we fully explore the procedure of applying risk assessment to confined spaces, and how it should be conducted to produce the maximum effectiveness. The course also details the many types of hazards that can be encountered in this environment, and how to prevent any accidents or harm resulting from them. We consider the best ways to utilize the information from assessments and how to keep it relevant.

The key learning points are:

- The full procedure and decision-making process for a risk assessment.
- How to identify and deal with different types of hazards.
- Understanding who may be affected by work in the environment.
- The best way to record and keep risk assessment data.
- How to ensure that risk assessments are up-to-date and relevant.



MODULE THREE

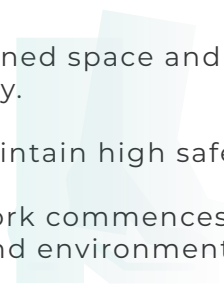
03

CONTROL MEASURES

In Module Three, the course examines the many ways in which control measures can be put in place to prevent accidents in confined spaces. This leads to the benefits of installing a Safe Work System and the equipment that can be used to make the environment safer. We also look at the way communications, ventilation, and accessibility can be improved in a work environment.

The key learning points are:

- How to prevent unwanted access to a confined space and work with designers or suppliers proactively.
- How to apply a Safe System of Work.
- The specialist equipment that can help maintain high safety levels.
- How to prepare a confined space before work commences.
- The importance of good communication and environmental checks.



MODULE FOUR

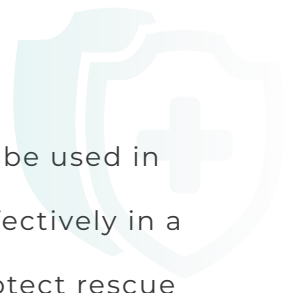
04

EMERGENCY PROCEDURES

In Module four, we detail the procedures and equipment that are essential or helpful during an accident or emergency. This covers the way in which the workforce should interact with emergency services and the importance of first aid. The module also looks at fire safety and useful training in greater detail.

The key learning points are:

- The special types of equipment that can be used in an emergency.
- Ways in which an alarm can be raised effectively in a confined space.
- The specific procedures that can also protect rescue staff from harm.
- The preventative methods that may help an emergency situation from actually occurring.
- Other considerations when interacting with emergency services.



WORKING IN CONFINED SPACE TRAINING



COURSE CONTENT OVERVIEW



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