



Level 3 Award, Certificate and  
Extended Diploma in  
**Health and Social Care**

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Qualification facts

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# About these qualifications

The Level 3 Award, Certificate and Extended Diploma in Health and Social Care have been designed to enable learners to access Higher Education and will also support progression into the workplace.

These qualifications have been designed and written by a team of subject matter experts, and we have involved employers and Higher Education Institutions in the review of the content.

The Level 3 Award, Certificate and Extended Diploma have been allocated UCAS points. Please refer to the UCAS website for further details of the points allocation and the most up to date information.

## Entry requirements

Learners must be at least 16 years old. We do not set any other entry requirements but colleges or training providers may have their own guidelines.

## Experience in the workplace

Learners will be required to attend placement in a real work environment to support their learning. The minimum required number of placement hours is:

- Certificate: 75 hours
- Extended Diploma: 175 hours (includes the 75 hours completed during the Certificate)

Placement in a real work environment is a mandatory element of the Certificate and Extended Diploma. Higher Education Institutions may have their own entry requirements.

## Qualification structure

Award	<p>Learners must achieve:</p> <ul style="list-style-type: none"> <li>• Three mandatory units (graded A*-D, set by us, marked by the Centre)</li> <li>• Guided Learning: 180 (hours)</li> <li>• Total Qualification Time: 215 (hours)</li> </ul>
Certificate	<p>Learners must achieve:</p> <ul style="list-style-type: none"> <li>• Nine 'Core Mandatory' units (graded A*-D; set by us, marked by the Centre)</li> <li>• One Extended Assessment covering the 'Core Mandatory' units (externally set, externally marked)</li> <li>• Guided Learning: 619 (hours)</li> <li>• Total Qualification Time: 734 (hours)</li> <li>• Placement in a Real Work Environment: (75 hours)</li> </ul>
Extended Diploma	<p>Learners must achieve:</p> <ul style="list-style-type: none"> <li>• Nine 'Core Mandatory' units (graded A*-D, set by us, marked by the Centre)</li> <li>• One Extended Assessment covering the 'Core Mandatory' units (externally set, externally marked)</li> <li>• Five 'Diploma Mandatory' units (graded A*-D; set by us, marked by the Centre)</li> <li>• One Extended Assessment covering the 'Diploma Mandatory' units (externally set, externally marked)</li> <li>• 3 optional units from 'Optional' Group 1 and 1 optional unit from 'Optional' Group 2 (graded A*-D, set by us, marked by the Centre)</li> <li>• Guided Learning: 1185 (hours)</li> <li>• Total Qualification Time: 1491 (hours)</li> <li>• Placement in a Real Work Environment: 175 hours</li> </ul>

### Core Mandatory Units (Award, Certificate, Extended Diploma)

Unit no.	Unit ref no.	Title	Level	GL	Award	Certificate	Extended Diploma
HSC CM1	K/507/1406	Equality, diversity and rights in health and social care	3	60	✓	✓	✓
HSC CM2	M/507/1407	Human growth and development	3	60	✓	✓	✓
HSC CM3	T/507/1408	Safeguarding in health and social care	3	60	✓	✓	✓
HSC CM4	J/507/1431	Communication in health and social care	3	58		✓	✓
HSC CM5	L/507/1432	Infection prevention and control in health and social care	3	58		✓	✓
HSC CM6	R/507/1433	Psychological Perspectives in health and social care	3	54		✓	✓

Unit no.	Unit ref no.	Title	Level	GL	Award	Certificate	Extended Diploma
HSC CM7	Y/507/1434	Sociological perspectives in health and social care	3	54		✓	✓
HSC CM8	D/507/1435	Working in health and social care	3	58		✓	✓
HSC CM9	H/507/1436	Reflective practice	3	44		✓	✓

#### Diploma Mandatory Units (Extended Diploma only)

In addition to the Core Mandatory units above, learners taking the Extended Diploma must complete the following Diploma Mandatory Units.

Unit no.	Unit ref no.	Title	Level	GL
HSC DM1	K/507/1437	Empowerment in health and social care	3	53
HSC DM2	M/507/1438	Protection of children, young people and adults in health and social care	3	47
HSC DM3	T/507/1439	Anatomy and physiology for health and social care	3	48
HSC DM4	K/507/1440	Research skills for health and social care	3	64
HSC DM5	M/507/1441	Personal and professional development	3	43

#### Optional Units (Extended Diploma only)

In addition to the Diploma Mandatory Units, learners must complete 3 units from Optional Group 1 and 1 unit from Optional Group 2.

##### Optional Group 1

Unit no.	Unit ref no.	Title	Level	GL
HSC CMO1	D/507/1483	Behaviour change in health and social care	3	48
HSC CMO2	H/507/1484	Biochemistry for health	3	55
HSC CMO3	K/507/1485	Community care provision	3	45
HSC CMO4	M/507/1486	Complementary therapies and alternative medicine for health and social care	3	48
HSC CMO5	T/507/1487	Dementia awareness	3	45
HSC CMO6	F/507/1508	End of life care	3	51
HSC CMO7	J/507/1509	Genetics in health and social care	3	46
HSC CMO8	F/507/1511	Health education	3	52
HSC CMO9	J/507/1512	Health psychology	3	47
HSC CMO10	L/507/1513	Mental health and well-being	3	49
HSC CMO11	R/507/1514	Microbiology for health	3	48
HSC CMO12	Y/507/1515	Nutrition for health and social care	3	46
HSC CMO13	D/507/1516	Physiology of coordination	3	44

Unit no.	Unit ref no.	Title	Level	GL
HSC CMO14	K/507/1518	Public health for health and social care	3	46
HSC CMO15	M/507/1519	Science of nutrition	3	48
HSC CMO16	H/507/1520	Social policy	3	46
HSC CMO17	K/507/1521	The role of play for children and young people	3	49

## Optional Group 2

Unit no.	Unit ref no.	Title	Level	GL
HSC DMO1	T/507/1490	Advocacy in health and social care	3	22
HSC DMO2	F/507/1489	Epidemiology for health and social care	3	25
HSC DMO3	A/507/1491	Ethics in health and social care	3	29
HSC DMO4	F/507/1492	Family issues in health and social care	3	30
HSC DMO5	J/507/1493	Learning disability	3	30
HSC DMO6	L/507/1494	Medication in health and social care	3	31
HSC DMO7	R/507/1495	Models and systems of health care	3	27
HSC DMO8	Y/507/1496	Partnership working in health and social care	3	30
HSC DMO9	D/507/1497	Pharmacology	3	32
HSC DMO10	H/507/1498	Physiology of ageing	3	28
HSC DMO11	K/507/1499	Promoting positive behaviour	3	28
HSC DMO12	R/507/1500	Sociology of health and illness	3	27
HSC DMO13	D/507/1502	Support care within fostering and adoption services	3	31
HSC DMO14	H/507/1503	Technology in health and social care	3	31
HSC DMO15	K/507/1504	Voluntary organisations	3	31

## Assessment

**Award:** Portfolio of evidence

**Certificate:** Portfolio of evidence, one extended assessment.

**Extended Diploma:** Portfolio of evidence; two extended assessments (one covering the 'core mandatory' units and one covering the 'diploma mandatory' units).

**Extended Assessment:** Within each qualification there is a maximum of two opportunities for learners to attempt each of the External Assessments in order to achieve a pass grade or to improve a grade.

A learner who intends to submit the extended assessment for a second attempt will be required to make a new submission of the alternative assessment task.

## Progression

**Award:** Learners will be able to progress to the Level 3 Certificate in Health and Social Care and then to the Level 3 Extended Diploma in Health and Social Care.

**Certificate:** Learners will be able to progress to the Level 3 Extended Diploma in Health and Social Care. The Certificate supports learners' access to Higher Education and progression into a wide range of job roles within the health and social care sector. The Certificate also supports progression to further learning in related subject areas at Level 4 and above.

**Extended Diploma:** Achievement of the Extended Diploma supports learners' access to Higher Education and progression into a wide range of job roles within the health and social care sector.

These qualifications do not provide a licence to practise, but may support progression into a wide range of job roles in the health and social care sector, including:

- care support workers in adult residential settings
- healthcare assistants in community, primary care and acute health environments
- care support workers in domiciliary services, supported living or day services
- community-based support workers.

## For more information

Full details of these qualifications can be found on our website [www.cache.org.uk](http://www.cache.org.uk) or our secure Centre website [cachezone](http://cachezone).





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We continually invest in high quality qualifications for the health, care, early years and education sectors. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of the modern workforce.

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T: 03453472123 [info@cache.org.uk](mailto:info@cache.org.uk) [www.cache.org.uk](http://www.cache.org.uk)

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