



Stroke Awareness

Stroke Awareness - Online Training Course - CPDUK Accredited



Corporate Member

The CPD Certification Service



OVERVIEW

Welcome to The Mandatory Training Group's online Stroke Awareness training course for front-line healthcare and social care providers.

All our online courses are developed in line with the latest UK legislation and meet the requirements set out by the National Health Service (NHS), UK Core Skills Training Framework (CSTF), the Care Quality Commission (CQC), Skills for Care, Health and Safety Executive (HSE) and other professional and regulatory bodies.

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- Study method – Online, self-paced
- Estimated duration (Indicative CPD hours) – 2 hours
- Course format – Online (24/7 access)
- Entry requirements – no prerequisites required
- Assessment type – Complete end of course assessment (80% needed to pass and gain CPD certificate)
- Certification/Qualification – Downloadable CPD certificate
- Cost(s) of assessment and certification – Assessment and certification costs included in the course price
- Course accreditation – CPD Certification Service (CPDUK)
- Course access – Part-time (1-year access)
- Course delivery – via desktop PC/MAC, laptops, tablets or smartphones.

Who is the course for?

This online Stroke Awareness training course is aimed at health and social care staff who may:

- Be new to stroke care, for example, rotational staff or those new in post
- Wish to refresh/extend their existing stroke knowledge and skills
- Be community-based with a mixed pathology caseload including stroke
- Have limited access to other stroke-specific training.
- The comprehensive stroke awareness course may also be accessed by patients, carers and other members of the general public.

Course aims

The aims of this online Stroke Awareness training course are to improve caregivers the awareness of stroke.

Learning outcomes

On completion of this online Stroke Awareness training course, the learner will:

- Know what a stroke is
- Be able to identify the symptoms of a stroke
- Know who is at risk of a stroke
- Be familiar with the treatments for stroke
- Understand the importance of rehabilitation following a stroke.

Course content

This online Stroke Awareness training course covers the following:

- Introduction
- Why is stroke awareness training essential?
- What is a stroke?
- Key UK stroke statistics
- Stroke symptoms
- Recognising the signs of a stroke
 - F.A.S.T
- Other symptoms of stroke
- Transient Ischaemic Attack (TIA)
- Types of stroke
 - Ischaemic stroke
 - Haemorrhagic stroke
- Causes of strokes
- Reducing the risks of strokes
- Lifestyle changes
- Preventing Strokes
 - Diet
 - Exercise
 - Smoking
 - Blood pressure
 - Alcohol
 - Conditions that increase the risk of stroke
 - Managing underlying conditions
- Stroke diagnosis
 - Brain Scan
 - MRI scan
 - CT scan
 - Swallowing difficulties
 - Swallow test
 - Blood tests
 - Carotid ultrasound
 - Echocardiography
- Stroke treatment
 - Treatment of ischaemic strokes
 - Treatment of haemorrhagic strokes
- Good stroke care
- Recovery from stroke
- Additional support
- Psychological support
- Cognitive impacts of strokes
- Dealing with communication problems
- Vascular dementia
- Coping with movement problems
- Physiotherapy
- Occupational therapy
- Dealing with swallowing problems

- Feeding tubes
- Dealing with visual issues
- Bladder and bowel problems
- Sex after stroke
- Driving after stroke
- Preventing further strokes
- Lifestyle changes
- Caring for someone who has had a stroke
- Dealing with changed behaviour
- Remaining patient and positive
- Making time for yourself
- Where to find additional help
- References and online resources.

Why is this online Stroke Awareness training course essential?

In total, there are 110,000 strokes each year, and while many people do survive, they can be fatal – it is the fourth most significant cause of death in England. Also, strokes cause a more excellent range of disabilities than any other condition in the UK. Over half of all survivors have a disability, and more than a third are left dependent on others for everyday activities.

We know that some people are unaware of the early warning signs of stroke and delay calling 999.

Some can mistake the signs as a ‘funny turn’, but stroke is a medical emergency and getting the right treatment, fast, can save lives and reduce the devastation that stroke can bring.

The FAST acronym has featured in the advertising for several years and is a simple test to help people identify stroke symptoms:

- Face – has their face fallen on one side? Can they smile?
- Arms – can they raise both their arms and keep them there?
- Speech – is their speech slurred? If they notice any of these symptoms it is:
- Time – time to call 999 if you see ANY of these signs

This is the message we are getting across through a variety of means including our Stroke adverts, on TV and social media.

The hard-hitting adverts show people having a stroke in normal circumstances. In one, a woman has a stroke while applying her make-up, and in another, a man suffers one while at the barbers.

[Click Here to Buy this Course](#)



Mandatory Training Group

★ ← →
Learn. Develop. Comply

HOW IT WORKS?

Instant Access

- Gain instant access to your course(s) upon purchasing through our website
- Login credentials are sent immediately to the customer to the email address provided during the checkout process
- We also advise all customers to check their spam and junk mail folders in case your mail server has diverted the email there

Online Support 24/7

- Customer service teams interact with clients through email and live chat support.

Refund policy

- To request a refund, you should email our support team with your receipt stating why you would like to be reimbursed.
- You, or your learners, must not complete the training to make a valid refund claim.
- Any courses that have been completed and those with certificates achieved will not be valid for a refund.

Learn Anytime, Anywhere, On Any Device

- Learn at your own pace, at a time and place convenient to your circumstances
- Individual learners can access their course material(s) 24/7 for 365 days from the date of purchase
- In the case of organisations that order multiple licences for future use, the countdown will start when learners are allocated to the training course(s)

Assessment and Certification

- Unlimited attempts to complete end of course assessments
- On successful completion, download, print/save quality-assured CPD certificate

100% Money Back Guarantee

- We want you to be completely satisfied with your training. We offer a 14-day money-back guarantee if you are not 100% satisfied.

ASSESSMENT AND CERTIFICATION

End of course assessment

At the end of this course, learners are required to complete an online end of course assessment. On successful completion of the assessment (80% pass mark), learners may download a FREE CPD certificate from their profile page.

Certification

On successful completion of this e-learning course and end of course assessment, the learner may download, save and/or print a quality assured CPD certificate (recognised internationally). Our CPD certificate can be used to provide evidence for compliance and audit or Continuing Professional Development (CPD).

Course accreditation

The CPD Certification Service accredits all our online training courses and programmes as conforming to universally accepted Continuous Professional Development (CPD) guidelines. Our online training courses meet the latest guidance and best practice recommendations.





WHY CHOOSE US?

The benefits of using our accredited e-learning courses in the workplace include:

- CPDUK accredited e-learning provider
- Ofqual approved training centre (UK qualifications)
- Internationally recognised CPD and Ofqual approved certificates
- Wide range of courses and qualifications that meet UK legislation and guidelines
- Over 500 online courses and programmes that cover multiple sectors
- Free blended learning environment for individuals and organisations
- Immediate access to online courses and programmes
- Highly interactive e-learning portal
- Substantial cost reductions (no travel fees and other expenses)
- Self-paced online learning
- Low carbon footprint through e-learning
- Repository of online learning materials and assessments
- Fully qualified and experienced trainers, instructors and assessors
- Experienced subject matter experts and content developers
- Conversion of existing classroom courses to e-learning courses
- All training courses meet the latest guidance and best practice recommendations.



Civility in the Workplace Training Course for Global Executives

"YPO is the premier global leadership organisation for more than 28,000 chief executives in over 130 countries and the global platform for them to engage, learn and grow. We approached The Mandatory Training Group to develop an online training programme focusing on improving workplace civility. Their team developed excellent learning materials tailored to our organisational needs. With their support, we rolled out the civility in the workplace training programme to over 300 executives around the world."

Nicolle Billmyre, YPO, Texas, USA



City and Hackney

Clinical Commissioning Group

Counter Fraud, Bribery and Corruption Training for NHS Providers

"NHS City and Hackney Clinical Commissioning Group (CCG) is an NHS organisation led by local GPs. The Mandatory Training Group provided us with tailored courses focussing on tackling fraud, corruption and bribery for all our staff across various sites. The e-learning courses helped us to meet statutory and regulatory requirements".

Harriet Griffiths, NHS City and Hackney CCG, London, UK



Accredited Training Courses, Programmes and Regulated Qualifications

"Reed is the largest platform for jobs, recruitment and courses in the UK. The Mandatory Training Group is one of our most trusted providers of continuing professional development (CPD) programmes and regulated qualifications. They have provided us with a wide range of learning materials ranging from soft skills, personal development, health and safety, among others. These courses help many job seekers to improve their skills and comply with the current UK and European laws".

Mansh Bhatti, Reed Courses, London, UK

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“When we set up our business, we were looking for a reliable training provider for the healthcare multi-disciplinary team (MDT). We worked with The Mandatory Training Group to establish our training needs for each group of professionals. Their experience was invaluable, helping us to design new courses and assessments to meet the commissioners’ and regulatory requirements”.

Anne Joy, OSD Healthcare, Hemel Hempstead, UK



Healthcare choice for **everyone** **Statutory and Mandatory Training for Healthcare Providers**

“All our senior clinicians were delighted with the delivery of the mandatory training courses. They found the course leaders to be very flexible with allocating more time to certain areas at request. The course contents that LearnPac had designed were tailored to our workforce, which helped them improve their understanding of the subjects. The application of legislative concepts to practice was excellent”.

Sophie Hartley-Jones, OneHealth Group, Sheffield, UK



Online Training and Development for the Public Sector

“We work with various public sector organisations. Statutory and mandatory training is essential for all our placements. We used LearnPac for the blended learning environment they provide for our staff. The online statutory and mandatory training courses adequately meet our regulatory requirements. LearnPac’s learning management system enabled us to manage our learners and quickly sort out compliance for our workers. The flexibility of pricing and meeting our needs with the mandatory training was beneficial.”

David Sanchez, Eden Brown Synergy, London, UK



Blended Train the Trainer Courses for Healthcare Providers

“We were looking to provide resuscitation and first aid training for clinical and non-clinical staff internally. The Mandatory Training Group stood out because they provide comprehensive blended learning solutions. Our internal trainers and facilitators were able to complete the theory training and assessments in advance. The practical sessions were packed with meaningful activities throughout the day. The lead trainers also helped us to complete training needs assessments”.

Kate McLoughlin, Nuffield Health, Bournemouth, UK

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LEARN. DEVELOP. COMPLY.

The Mandatory Training Group is the leading UK provider of accredited statutory and mandatory training courses for all sectors, including health and social care, education, local government, private and charity sectors.

We have supported over one million learners to reach their potential through e-learning courses and qualifications using our interactive online learning portal.

WEBSITE

[The Mandatory Training Group - Online Training Courses](#)

WORKING HOURS

Mon - Fri / 9:00AM - 5:00PM

Online Training Courses, Programmes & Qualifications

The Mandatory Training is the leading UK provider of accredited online courses, programmes and qualifications in the following categories:

1. Business and Entrepreneurship
2. Health and Safety
3. Health and Social Care
4. IT and Cyber Security
5. Leadership and Management
6. Mental Health Awareness
7. Microsoft Office
8. Personal and Professional Development
9. Statutory and Mandatory Training
10. Soft Skills Development