

# Fact Sheet:

## Safe Moving & Handling



Qualification Number: 501/1772/5 Credit Value: 2

### HABC Level 2 Award in Safe Moving and Handling (QCF)

This accredited qualification is an introduction to moving and handling activities for those starting work, returning to work or who need specific training in manual handling, as well as being a suitable qualification for refresher training. Learners gaining this qualification will understand that moving and handling must be carried out correctly and will recognise its importance in ensuring a safer working environment. Subjects covered include the reasons for safe manual handling, manual handling risk assessments, principles, types of equipment and testing requirements associated with manual handling safety.

#### How long will it take me to achieve this qualification?

This qualification is usually achieved by taking a one-day course.

#### How is the qualification assessed?

It is assessed through a practical examination and a 30-minute, 15-question multiple-choice examination. Learners must achieve a score of at least 10 and also practically demonstrate the application of the correct techniques as indicated within the learning outcomes of the unit to achieve this qualification.

#### What next?

Individuals achieving this qualification will be able to progress to:

- HABC Level 2 Award in Health and Safety in the Workplace (QCF)
- HABC Level 2 Award in Moving People Safely (QCF)

#### Where can this course be taken?

Through any HABC approved training centre.

